

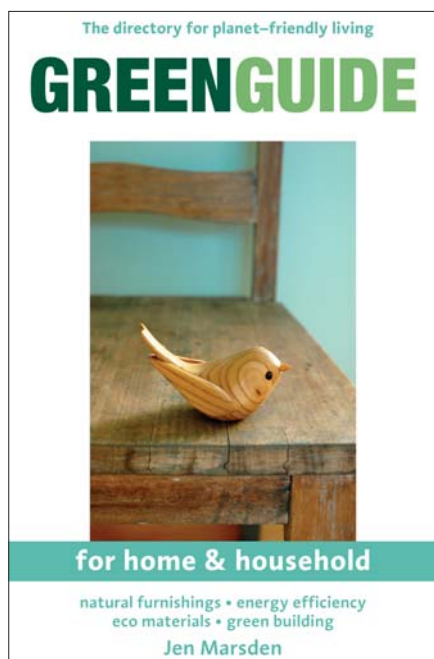
GREENGUIDE

Green Guide for Home & Household

by Jen Marsden, published November 2008, £8.99

A new home & household guide that inspires readers to make a healthy, natural, green and eco-chic living space.

Creating a planet-friendly home is simpler than ever before.



architecture • building • repairs • decor • DIY • furnishings • cleaning •
appliances • recycling • energy efficiency

Whether you're a dedicated urbanite, a country dweller, a home owner or a tenant, this new guide provides an array of solutions for greening your home and household. Author Jen Marsden takes the reader through a step-by-step approach to creating a healthy, natural and eco-friendly living space, with a tour around the home, leaving no wall, appliance or floor untouched. With a light-hearted, practical and straightforward approach she asks and answers key questions such as: What are the greenest building materials? Is it necessary to install a wind turbine or solar panel to be energy efficient? What are the really eco-friendly ways to decorate? Where do you find the most natural furnishings? What are the best natural cleaning products – and what really works?

Jargon is explained and the book abounds with green tips and insight. Builders, architects, designers and consultants offer their expert advice in the form of case studies.

Each chapter includes an accessible and down-to-earth explanation of the social, ethical and environmental considerations for your home, offering a range of options and solutions. There is also a comprehensive directory that covers architecture, building, decor, cleaning, appliances, recycling and energy efficiency, providing a blueprint for a truly green abode.

The Green Guide for Home & Household is a 208-page, full-colour book printed by one of the UK's most eco-friendly printers on FSC-certified recycled paper, using vegetable inks.

About the author

Jen Marsden has lived abroad and worked on various charitable, community and sustainable business projects in India, Kenya and the UK. She has edited and contributed to various ethical lifestyle publications including *New Consumer*. She currently lives in Edinburgh and regularly writes features on green living for national publications and works with *The Green Guide* as its Home & Lifestyle Editor.

About the Green Guide

The Green Guide, first published in 1994, is the UK's most comprehensive directory of planet-friendly goods, services, contacts and organisations. It is the best source of everything organic, natural, fairtrade and green, containing all the information you need for eco-friendly shopping and one planet living.

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Vine House Distribution Ltd
The Old Mill House, Mill Lane
Uckfield, East Sussex TN22 5AA
t: +44 (0) 1825 767 396
e: sales@vinehouseuk.co.uk

For further information and to place an order:

t: **+44 (0) 1945 461 452**

e: **booksales@greenguide.co.uk**

w: **www.greenguide.co.uk**